

UVALDE COMMUNITY BEHAVIORAL HEALTH SERVICES

Endeavors is here to support you no matter where you are in your journey.

Endeavors provides confidential, no-cost behavioral health and wellness support for individuals, families, veterans, first responders, and law enforcement personnel in Uvalde, Bandera, Medina, Real, and Edwards counties.

Behavioral Health Counseling

Confidential, professional support through one-on-one, couples, family and adolescent counseling (ages 8 and up). Sessions are available in-person or via telehealth with a licensed clinician.

Case Management

Personalized assistance in identifying resources and services that meet your behavioral health, financial, and/or employment needs.

Community Education

Workshops and resources to build knowledge, skills, and connections for individuals and families.



Medication Management

Evaluation and management of psychiatric medications by a board-certified psychiatrist or nurse practitioner. *Medication management is available to referred youth ages 10+.*

Relaxation & Wellness Rooms

Calming spaces designed for relaxation, mindfulness, and recovery—featuring trauma-informed tools that help ease anxiety, improve sleep, and restore balance.

Supportive Housing for Veterans

Specialized support for Uvalde veterans and their families facing housing instability:

- VA benefits assistance
- Housing resources and referrals

Scan here →
to learn more!

